



Tuning in to Kids

Cockburn Parenting Service

Part of South West Metropolitan Parenting Service

Term 4 2026

Free five-week online program for parents and carers of children aged 3 to 12 years old.

Would you like to learn more about being an emotionally intelligent parent? Then this is the program for you.

- Learn practical strategies to support your children to recognise and manage their feelings, build resilience, develop positive friendships, and improve behaviour.
- Strengthens parent-child relationships by improving communication.
- Nurture your child's emotional wellbeing and development.



Online



Wednesdays 6:30 - 8:30pm
14 October to 11 November
Five sessions in total



Free

Register
here



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SOUTH WEST METROPOLITAN
PARENTING SERVICE

