Bibra Lake Primary School Canteen DAILY SPECIALS MENU

Place your orders via the Flexi-Schools app before 9am or at the canteen where cash and eftpos are accepted. Any queries or offers to help out for an hour or so, please contact Monique on 0494 367 561

MONDAY

Hot Dog HM
Hot dog frank in a noll with tomato sauce and choice of added cheese for 50c

Puppy Dog HM
S4

Puppy Dog HM
Half hot dog
Pizzg Single HM
\$4.50

Pizza Single HM ● \$4.50
Homemade ham and cheese or

TUESDAY

hawaijan pizza

Tuna Sushi ★ \$6.50
Chicken Teriyaki Sushi ★ \$6.50
Katsu Chicken Sushi ★ \$6.50
Sushi Bowl HM ★ \$5 \$7
Rice, lettuce, carrot, cucumber, corn and shredded nori with choice of chicken, ham, tuna or

WEDNESDAY

egg drizzled with Japanese mayo. Small and large option

Beef Burger HM ★ \$4 \$6

Low fat patty, cheese, lettuce, tomato, cucumber and tomato

sauce. Half or Whole option

Chicken Burger HM ★ \$4 \$6

Crumbed patty, cheese, lettuce, tomato, cucumber and mayo

THURSDAY

Chicken Zinger HM ★

\$6.50

Wrap filled with lettuce, carrot, tomato, cucumber and sweet chilli chicken tenders with mayo

Ham and Salad Wrap HM \$5.50

★

Wrap filled with ham, cheese, lettuce, carrot, tomato, cucumber and choice of mayo or mustard

Chicken Picnic Pack ★ \$5

4 chicken nuggets, carrot and cucumber sticks, tomato and half a boiled egg

FRIDAY

and sodium

Party Pie
\$2.50
Beef Pie
\$4.50
Sausage Roll
\$4
Tomato Sauce Portion
All products above are low fat

☆ - Green items (eat lots of)
 → - Amber items (eat sometimes)
 HM - Homemade

If your child leaves school for the day and has an order, please let the canteen know before 10am otherwise you will still be charged for the order.

Bibra Lake Primary School Canteen **EVERYDAY MENU ITEMS**

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SANDWICH BAR

Vegemite HM ★	\$2.00	Garden Salad HM ★ Lettuce mix, tomato, cucumber,	\$4 \$5
Cheese HM ★	\$2.50	carrot, beetroot and Italian	
Egg HM ★	\$3.50	dressing.	
Salad HM 🛨	\$3.50	Add ham, chicken or egg for \$2 Chicken Caesar Salad HM	\$7.00
Ham HM 🛨	\$4.00	Lettuce, cucumber, boiled egg,	\$7.00
Chicken HM ★	\$4.00	cheese, bacon with caesar	
Add salad (lettuce, tomato, cucumber, carrot)	\$1.00	dressing Pesto Pasta Salad HM ★ Pasta spirals mixed with lettuce.	\$6.00
Add lite cheese	\$1.00	tomato, cucumber and basil	
Add beetroot	50c	pesto	
Add mayo, tomato sauce, mustard or relish	50c	Add chicken, ham or extra egg \$2	
Make into a roll or wrap	50c	Fruit Salad HM ★ A mix of fresh seasonal fruit	\$6.00

80c

80c

HOT FOOD

Add sour cream

Add salsa

Beef Bolognaise Pasta Spirals HM 🛨	\$6.00
Butter Chicken & Rice HM ★	\$6.00
Teriyaki Chicken, Vegies & Rice HM 🛨	\$6.00
Vegetarian Fried Rice HM ★	\$6.00
Lasagne	\$6.00
Corn Cobette HM ★	\$2.00
Stuffed Spuds HM ★ Choice of ham&cheese, chicken&cheese, pineapple&cheese, baked beans&cheese	\$5.00

SALADS

Garden Salad HM ★ Lettuce mix, tomato, cucumber, carrot, beetroot and Italian	\$4 \$5
dressing. Add ham, chicken or egg for \$2 Chicken Caesar Salad HM Lettuce, cucumber, boiled egg, cheese, bacon with caesar	\$7.00
dressing Pesto Pasta Salad HM ★ Pasta spirals mixed with lettuce tomato, cucumber and basil pesto	\$6.00
Add chicken, ham or extra egg \$2 Fruit Salad HM★	\$6.00

TOASTIES

Cheese HM ●	\$3.00
Vegemite & Cheese HM ●	\$3.50
Ham & Cheese HM ●	\$4.00
Chicken & Cheese HM	\$4.50

DKINKS	
600ml Water★	\$2.00
250ml Juice Popper Apple or Apple and Blackcurrant	
250ml HiLo Milk ★	\$2.00
300ml Flavoured Milk ★ Chocolate, Berry, Banana, Vanilla. Spearmint	\$2.50

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