

# Bibra Lake Early Childhood Centre

## WINTER MENU

Term 2, 2017 & Term 3, 2017

### DAILY SPECIALS

<b>MONDAY</b>		
☺ Hot Chicken Rolls with Fat Free Mayonnaise		\$4.80
☺ Fried Rice (Home Made)		\$4.80
☺ Vegetarian Fried Rice (Home Made)		\$4.80
☺ Nachos (Corn Chips, Cheese, Salsa, Baked Beans & Sour Cream)		\$4.80
<b>TUESDAY</b>		
☺ Meatball Sub with BBQ Sauce		\$4.80
Pizza Singles (Cheese and Bacon or Ham and Pineapple)		\$3.00
Toasted Sandwiches 1 Filling (each additional filling is 50c each)		\$4.00
Toasted Vegemite Sandwich		\$2.50
<b>Rolls or Tortillas Toasted extra 50c</b>		
<b>WEDNESDAY</b>		
☺ Beef Burger (Beef Patty, Cheese, Tomato, Cucumber, Lettuce, Tomato Sauce)		\$4.80
☺ Chicken Burger (Chicken Patty, Lettuce, Cucumber, Tomato, Mayo)		\$4.80
☺ Hawaiian Burger (Ham, Cheese, Pineapple)		\$4.80
☺ Vegetarian Burger, (Patty Lettuce, Cucumber, Tomato, Tomato Sauce)		\$4.80
☺ ½ Burger (any of the above)		\$2.50
<b>THURSDAY</b>		
☺ Spaghetti Bolognese (280g)	Homemade	\$4.80
☺ Lasagne (200g)		\$4.80
☺ Macaroni Cheese (200g)	Homemade	\$4.80
Toasted Sandwiches 1 Filling (each additional filling is 50c each)		\$4.00
Toasted Vegemite Sandwich		\$2.50
<b>Rolls or Tortilla Toasted extra 50c</b>		
<b>FRIDAY</b>		
Meat Pie		\$3.50
Potato Pie		\$3.50
Sausage Roll		\$3.00
Vegetarian Roll	<b>ALL PRODUCTS-</b>	\$3.00
Party Pie	<b>LOW FAT, LOW SALT</b>	\$1.80
Sauce Portion		\$0.50

**FRESH FRUIT AVAILABLE EVERY DAY**

**\$1.00**

☺ Salad Bowls- (Lettuce, Carrot, Cucumber, Tomato, Capsicum, Celery & Beetroot) With Ham or Chicken or Cheese or Egg	(add an extra)	\$6.00 \$1.50 each
☺ Staff Salad Plate (Larger portion)	(add to above salad bowl price)	\$1.00
☺ Stuffed Potato with 1 Filling	(add .80c for each additional filling)	\$3.00
☺ Corn Coblettes		\$1.50

**☺ Sandwiches**

*Tip Top The One White & Wholemeal breads are used. Rolls are white. Pitta Bread is used for wraps. Salad consists of lettuce, tomato, carrot, cucumber & beetroot. Mayo, pickles, mustard or sauce are all an additional 30c each.*

	Sandwiches	Rolls or Wraps	Add Salad	Add Cheese
Ham	\$3.30	\$3.80	.50c	\$1.00
Chicken	\$3.30	\$3.80	.50c	\$1.00
Roast Beef	\$3.30	\$3.80	.50c	\$1.00
Cheese	\$3.30	\$3.80	.50c	N/A
Salad	\$3.30	\$3.80	N/A	\$1.00
Tuna	\$3.30	\$3.80	.50c	\$1.00
Egg	\$3.30	\$3.80	.50c	\$1.00
Curried Egg	\$3.50	\$4.00	.50c	\$1.00
Vegemite	\$2.00	\$2.80	N/A	\$1.00
Bread & Marg	\$1.00	\$1.80	N/A	N/A

**Drinks and Dairy**

☺ Plain Milk	\$2.60	☺ Bottled Water	\$2.00
☺ Choc Chill	\$2.60	☺ Strawberry Lite Yogurt	\$2.60
☺ Choc Mint Chill	\$2.60	☺ Vanilla Lite Yogurt	\$2.60
☺ Banana Chill	\$2.60	☺ Chocolate Yogo	\$2.60
☺ Berri Chill	\$2.60	☺ Fruit Poppers (Orange, Apple Apple & Blackcurrant)	\$2.60

**Late lunches may not receive what is ordered due to availability.  
Vegemite sandwiches will be offered instead.**

<b>ENQUIRIES :</b>	<b>RHONDA</b>	<b>9417 5536</b>
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**Lunch order bags - \$1.50 for 30**

Please ensure that your child's lunch order bag is filled out correctly and payment must accompany the order – There is no credit allowed. Please use blue or black pen to ensure that the room number is clear when filling out your order.

All offers of any help will be gratefully accepted. If you have any free time at all, please drop in – your children really do love seeing you at recess or lunchtime. ☺

© Majority of Menu items offered are GREEN according to Traffic Light Regulations, in line with the State Government Policy that was introduced in Term 3, 2007. All other items are AMBER.

**PLEASE NOTE: Some menu items and prices may change without notice due to new Canteen Regulations and price increases that may occur**

*J. Brown 3/4/17*